



## Pool, Field House & Fitness Room Hours

### Fall 2017

Effective Sept. 6 – Dec. 15 2017

#### POOL

Days	Hours	What & Who
Mon. Wed.	6:00 am – 7:00 am	<b>Early Morning Risers Swim</b> Faculty/Staff/Students/Arena Club Members/Corporate Partners/ <b>with ID</b>
Mon., Wed., & Fri.	8:45 a.m. – 9:35 a.m.	<b>Deep Water Walking (open to everyone)</b> \$4 – Community \$3 – Faculty/Staff/Students/Arena Club Members/Corporate Partners/ <b>with ID</b>
Tuesday & Thursday	8:45 a.m. – 9:35 a.m.	<b>Aerobic Swim (open to everyone)</b> \$4 – Community \$3 – Faculty/Staff/Students/Arena Club Members/Corporate Partners/ <b>with ID</b>
Monday – Friday	10:00 a.m. – 10:50 a.m.	<b>Aerobic Swim (open to everyone)</b> \$4 – Community \$3 – Faculty/Staff/Students/Arena Club Members/Corporate Partners/ <b>with ID</b>
Monday – Friday	12:30 p.m. – 2:00 p.m.	<b>Lap Swim –</b> Faculty/Staff/Arena Club Members/Corporate Partners/ <b>with ID</b>
Tuesday & Thursday *	5:30 p.m. – 7:00 p.m.	<b>Swim –</b> Faculty/Staff/Arena Club Members/Corporate Partners/ <b>with ID</b>
Tuesday & Thursday *	7:00 p.m. – 8:30 p.m.	<b>SAU Student Swim (SAU Students Only - SAU Student ID required)</b>
Friday*	4:00 p.m. – 6:00 p.m.	<b>Swim –</b> Faculty/Staff/Students/Arena Club Members/Corporate Partners/ <b>with ID</b>
Friday*	6:00 p.m. – 8:00 p.m.	<b>Community Swim - \$2 per person (EVERY swimmer pays \$2)</b>

#### FIELD HOUSE – FITNESS ROOM (Access to the Fitness Room will be from the gym area)

Days	Hours	What & Who
Monday – Thursday	6:00 a.m. – 10:00 p.m.	Faculty/Staff/Students/Arena Club Members/Corporate Partners/ <b>with ID</b> <b>CHECK WEEKLY SCHEDULE FOR AVAILABILITY</b>
Friday	6:00 a.m. – 8:00 p.m.	Faculty/Staff/Students/Arena Club Members/Corporate Partners/ <b>with ID</b> <b>CHECK WEEKLY SCHEDULE FOR AVAILABILITY</b>
Saturday	10:00 a.m. – 6:00 p.m.	Faculty/Staff/Students/Arena Club Members/Corporate Partners/ <b>with ID</b> <b>CHECK WEEKLY SCHEDULE FOR AVAILABILITY</b>
Sunday	<b>CLOSED</b>	

Holiday	Dates	Hours
	Nov. 17-18	<b>CLOSED for COMMENCEMENT</b>
<b>THANKSGIVING</b>	Nov.30- Dec. 1	<b>CLOSED</b>

**REMINDER:** SAU athletic practices, HHPR classes and special events have priority use of the facilities. We regret any inconvenience this may cause. SAU reserves the right to close the facility due to maintenance, school closings and/or the observance of holidays. For questions regarding building use or membership in the Arena Club, please call 517-750-6502.

**PLEASE BE PREPARED TO SHOW SAU ID/ARENA CLUB MEMBERSHIP UPON REQUEST.**